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Vol. 2, Number 48

Wednesday, December 6, 1978

Circulation: 4,500



Five generations attend 93rd birthday party

MINDEN — Sunday afternoon at the home of Mrs. Diane Stevens, daughter of Mrs. Eleanor Walker, five generations of the family gathered to celebrate Mrs. Walker's 93rd birthday. Mrs. Walker was born in Beaverton, Ontario on December 15th, 1885 and came to Minden when she was nine years old where she has lived ever since.

Above the five generations pose for the Express camera. Left to right, great grandson Larry McKnight, daughter Diane, Cheryl McKnight (Larry's wife) great, great granddaughter Erin Elisa McKnight, Mrs. Walker and granddaughter, Linda McKnight.

4 injured in area collisions

1 charged, damage \$4700

MINDEN — OPP report the following activity for the period of November 27 to December 4th. During this period the staff investigated five reportable collisions and nine non-reportable collisions. In three of the five reportable collisions, four people suffered minor injuries, one person was charged with failing to report a collision forthwith and damages were set at \$4,700.

THREE INJURED NEAR KINMOUNT

Ronald G. Woolfrey 21, of Burnt River and two passengers in his car were treated for minor injuries at Minden hospital on Friday evening, following a single car collision near Kinmount.

Woolfrey was westbound on Hwy. 503 when he lost control of his vehicle and entered the north ditch striking a rock cut. Damage to the car was set

at \$3000.

The two passengers who also suffered minor injuries in the mishap were 17 year old William McCluney of Kinmount and 16 year old David Durbar, also of Kinmount. PC Roy Telford.

FAILED TO REPORT COLLISION, MAN CHARGED

At 11:55 pm on Friday evening, Thomas Kane 18, of West Hill, was eastbound on a township road near Dorset when he lost control of his 1973 car on a hill and slid into the north ditch. Damage to the car was set at \$800. Police have charged Kane with failing to report a collision forthwith.—PC Chapman

DRIVER INJURED IN HAWK LAKE RD. COLLISION.
A Mississauga man was treated for minor injuries on Saturday morning, following a two car collision on Hawk Lake Road.

Steven Ogle 23, of Mississauga was westbound when his 1974 pickup collided with a 1977 car on the crest of a hill, driven by Gerald H. Pinch 36, of Scarborough. Damage to the two vehicles totalled \$900.—PC Bill Clendenning.

ner. Anyone wishing to purchase fuelwood can drive out to the project area during the hours of 8:00 am to 5:00 pm on Saturdays or Sundays and cut their wood from the piles located there. A Ministry employee will be on the site during the hours mentioned above and will charge each individual for the amount of wood they cut and truck away. The amount charged will be at the rate of \$4.00 per face cord.

There is a good winter road into the log piles and it will be kept snowplowed on the weekends for easy access. This program is scheduled to begin on Saturday, Dec. 9th and will continue until February except for Saturday and Sunday, Dec. 23rd and 24th. The site location will be found by travelling west on the Vankoughnet Road 10.5 miles from Carnarvon. The landing, where the logs are piled can be

Haliburton woman killed in head-on collision, Lindsay

LINDSAY— On Friday afternoon at 2:30 pm a two-car collision on Hwy. 35, 1.4 kilometres north of County Road 4 near Lindsay, resulted in two persons being killed and two others seriously injured.

Susan E. Langstaff 25, of RR 1, Haliburton and a passenger in her 1978 Honda, Norma Y. Hong 24, of Toronto, died when hit head-on by a 1973 Pontiac driven by 72 year old Estella Martin of Fenelon Falls.

The Langstaff vehicle was southbound on Hwy. 35 and the Martin vehicle northbound. Apparently the Martin vehicle went out of control in heavy snow and very icy conditions, crossed over to the southbound lane and collided with the Langstaff car.

Mrs. Martin was taken to Ross Memorial Hospital suffering from major injuries as was her husband Edgar, a passenger in the car with her. Both are still in hospital.

Coroner, Dr. Coulterjohn, pronounced Langstaff dead at the scene of the accident and Hong on arrival at Ross Memorial. Investigation by Lindsay OPP Constable David Peterkin.

Gun Amnesty extended

The Minden OPP detachment will be extending their "gun amnesty" program along with the rest of Ontario as per federal solicitor General Jean-Jacques Blais, announcement on Friday. "There are still many people in Canada who have yet to register their weapons or turn in prohibited weapons, so the gun amnesty will be extended for an undetermined length of time," said Blais.

Minden OPP report that 140 weapons, hand guns and rifles have been turned in for either registration or disposal, plus 146 rounds of ammunition. There were 10 weapons surrendered—one for deactivation, 10 prohibited weapons surrendered and 120 weapons registered before the expiry date of Nov. 30, 1978.



MINDEN — Tickets are now on sale for this newly painted and tuned-up Volkswagen Ice-Racer, from any Minden Kinsmen. The car is fully equipped to take to the ice-racing circuit this winter, with all proceeds from the ticket sales to go toward the Kinsmen's CF charity. The winning ticket holder will also receive one year's free membership in the Peterborough Motor Sport Club. The draw will be made on Jan. 27, during the first ice-races to be held in Minden as part of the winter carnival.

seen from the highway.

It is hoped that many of the local residents will take advantage of this opportunity. Further information may be obtained by calling the Ministry office in Minden at 286-1521.

MNR new program produces fuelwood for residents at \$4

MINDEN — Owing to an increasing demand for fuelwood in the area, the Ministry of Natural Resources, in cooperation with the Federal Government, is carrying out a wood salvage project this winter.

Four county residents have been hired to operate a wheeled skidder, a track loader and two chainsaws. They are cutting, skidding and piling trees that were left behind following a commercial cut.

In prior years the Ministry has offered all wood produced on these projects to commercial fuelwood operators in large quantities. This year, however, we propose to dispose of the wood in a different man-

Over 200 jam Pinestone Inn to object hospital closing

MINDEN — A Haliburton, Kawartha and Pine Ridge Health Unit adhoc committee met at Pinestone Inn in Haliburton Thursday evening to listen to briefs from both Minden and Haliburton residents in regard to the Agnew-Pecum report turned in last April dealing with the two Red Cross hospitals in the county.

The committee obviously underestimated the concern in the Minden area as to the report intentions for the Minden hospital, which stated that it

was to be turned into a chronic care and emergency treatment centre.

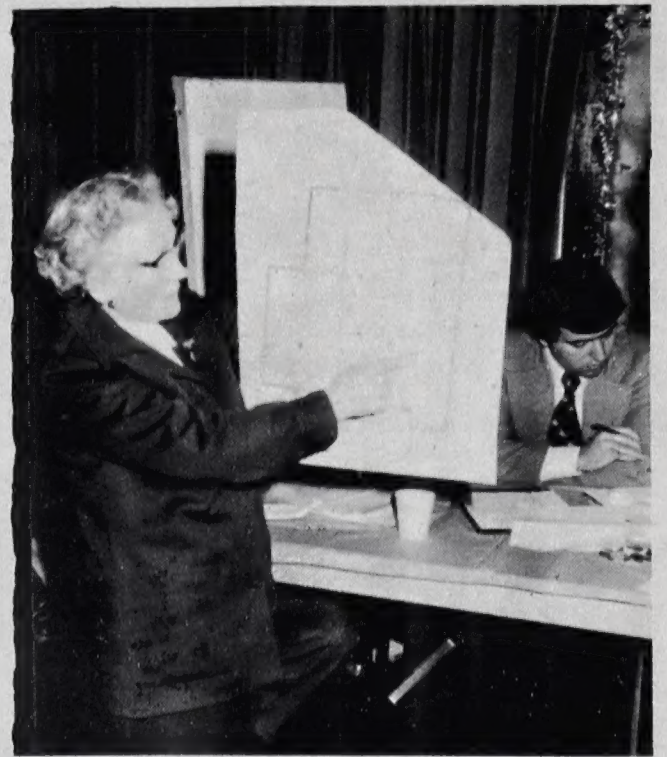
Residents of Minden turned out in force to voice their many concerns over this happening and briefs were read by Red Cross President Jim Burton, Chairman of the Minden Red Cross committee, Doug Campbell, Dr. Agnus Jamieson, Lorne Coburn, Dr. John Purc, Rev. David Barker as well as Haliburton representatives Ken Wilson, and Dysart et al solicitor David Bishop.

The committee seemed very impressed with the turnout and the deep concerns of the people of Minden for their hospital. They will now make their recommendation to the District Health Council within the next few weeks who in turn will then make recommendations to the Ministry of Health.

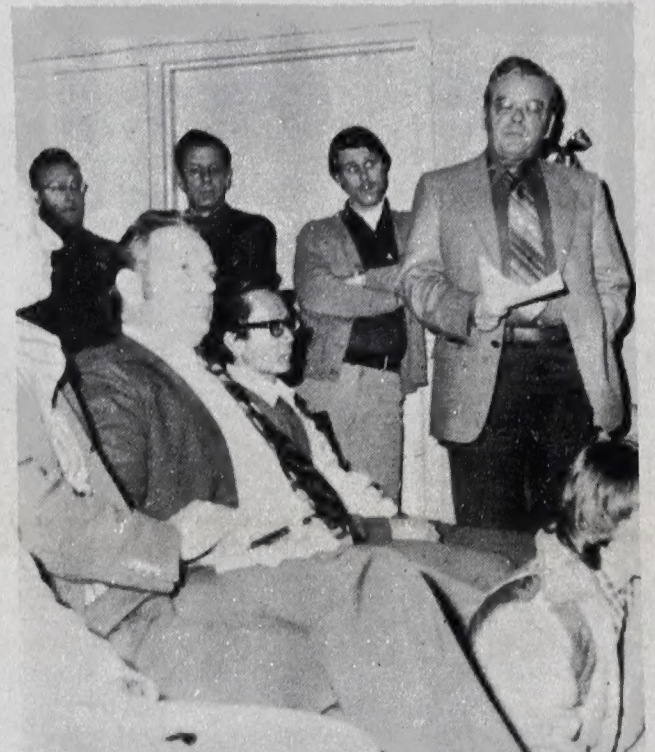
Mr. Austin Burch, chairman of the adhoc committee, promised the gathering that when the committee's recommendations are ready to be given to the Ministry, that a press release will be sent to the people of Haliburton County with these recommendations.

Cty. Radio Club to conduct classes in Minden, January

The Minden Amateur Radio Club plan to conduct code and radio theory classes starting on January 8th, 1979. Anyone interested in obtaining their amateur licence may contact any club member or phone 286-2024, 286-2663 or 754-2544.



Dr. Agnus Jamieson shows adhoc committee on a map of Haliburton County, what parts of the County are served by the Minden Red Cross hospital and how important it is to leave the hospital as it is now.



Doug Campbell addressed the committee, pointing out all the errors and omissions in the Agnew-Pecum report.



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TO PROPERTY OWNERS AND TENANTS

NOTICES OF ASSESSMENT FOR THE YEAR 1978 FOR PURPOSES OF TAXATION DURING THE YEAR 1979 WERE MAILED ON DECEMBER 4TH, 1978 TO ALL PROPERTY OWNERS AND TENANTS PURSUANT TO THE REQUIREMENTS OF SECTION 40(1) OF THE ASSESSMENT ACT.

THE LAST DAY FOR APPEALING THE ASSESSMENT IS JANUARY 9TH, 1979 AND THE ASSESSMENT ROLL MAY BE EXAMINED AT THE MUNICIPAL OFFICES DURING REGULAR BUSINESS HOURS COMMENCING DECEMBER 19TH, 1978.

IVOR G. JAMES
REGIONAL COMMISSIONER

The Highlands Express

Published every Wednesday at our offices on the North Shore Road, two miles north of Carleton Place off Highway 35.

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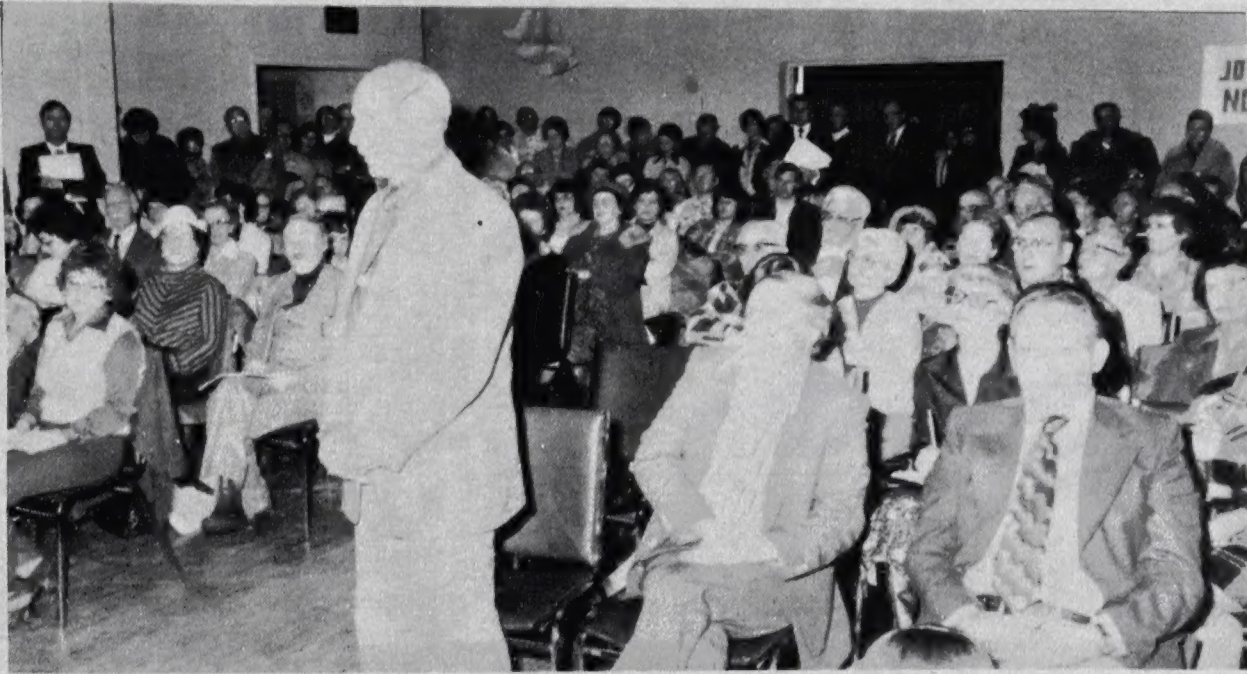
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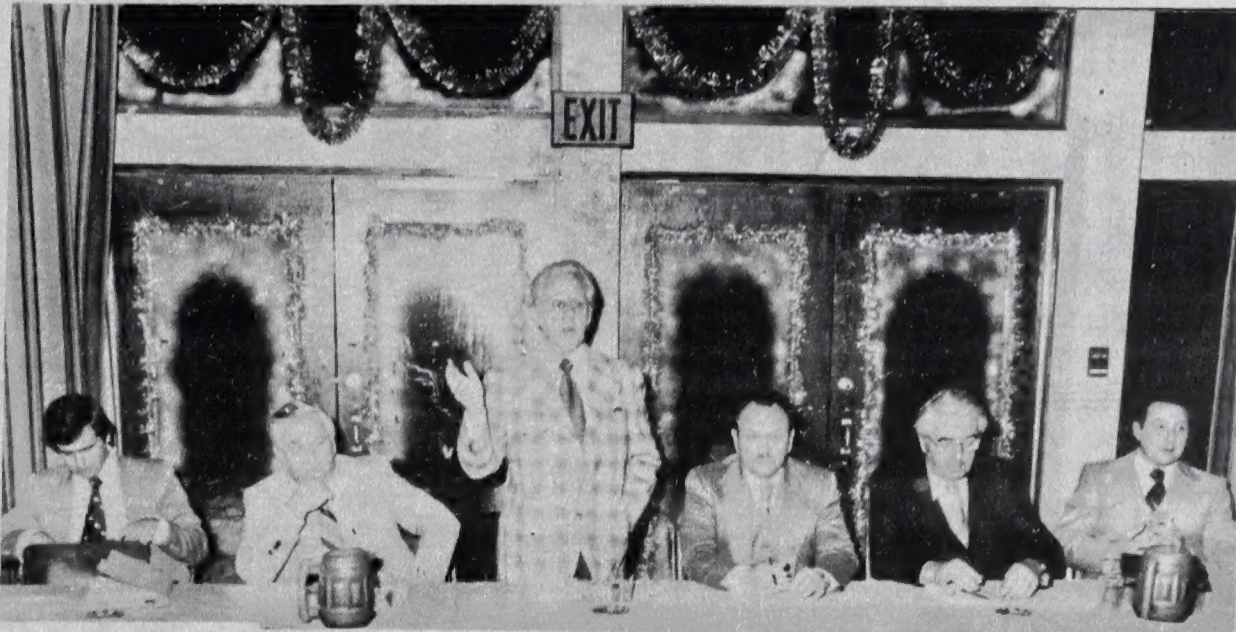
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Hospital issues brought more than 200 people to Pine- stone last week.



Haliburton, Kawartha and Pine Ridge committee that met at Pinestone Inn last Thursday to discuss the Red Cross hospital situation in both Haliburton and Minden, l-r Bob Bell, Harold Wrightman, Austin Burch (chairman) Curly Crude, Jim Cletford and Murray Fearrey

1978 Deer and Moose season

Another moose and deer season has come and gone for Algonquin Region, so far as the hunters are concerned, but not so for Ministry of Natural Resources staff. Now comes the job of compiling the statistics of the hunt.

Weatherwise there were few complaints except that on some days it may have been too warm, and on some dry days one had the impression, in the fallen leaves, of walking through cornflakes; excellent for driving deer but poor for stalking.

When all the "scores" are in we expect a tally quite comparable with recent years and an improvement in some areas. Very few complaints were heard from hunters who were generally inclined to blame themselves if there was no meat on the table.

The biennial moose take in the area is expected to have reached an all-time high in most areas and in some sections of the Region there will have to be some very detailed winter surveys to provide the necessary data for consideration of the next season.

Hunters who still have deer and moose jaws and camp returns to turn in are asked to do so at their earliest opportunity. The larger the collection of such material the better the data base from which to assess herd status. Each passing year shows a better response by hunters whose co-operation shows their keen interest and support in the welfare of the deer and moose herds.

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Minden Rec. Committee meet

On Tuesday November 28th, the Minden Recreation Committee met at the municipal building where a discussion was held regarding the possibility of using the ice surface for roller skating. The arena manager was directed to obtain an approximate cost on floor sealer, roller skates and items relating to this sport.

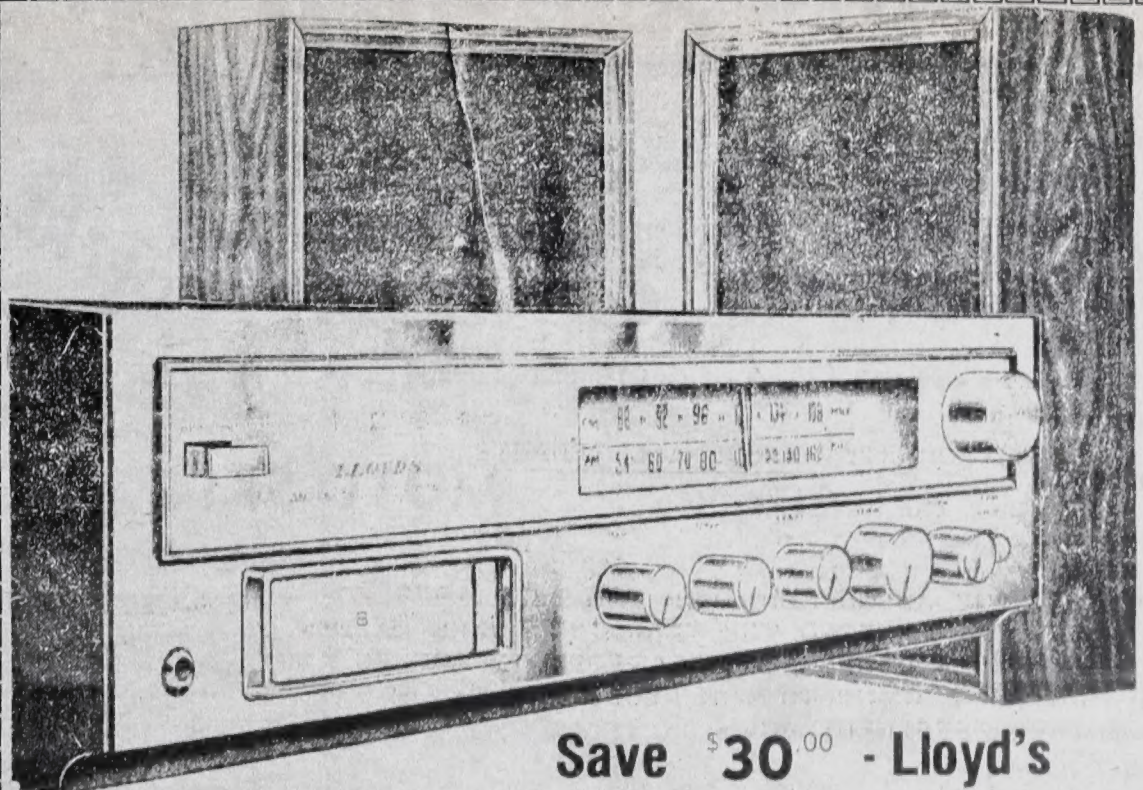
The committee also discussed the loss of revenue from rentals due to the difficulties experienced at the arena as a result of a faulty motor. The secretary-manager was directed to investigate the cost of insurance to protect the committee against loss of revenue for any reason.

A financial report was presented by the secretary-treasurer up to the end of October and correspondence was read. A letter from Mr. Lloyd Harrison was also presented when he resigned from the committee.

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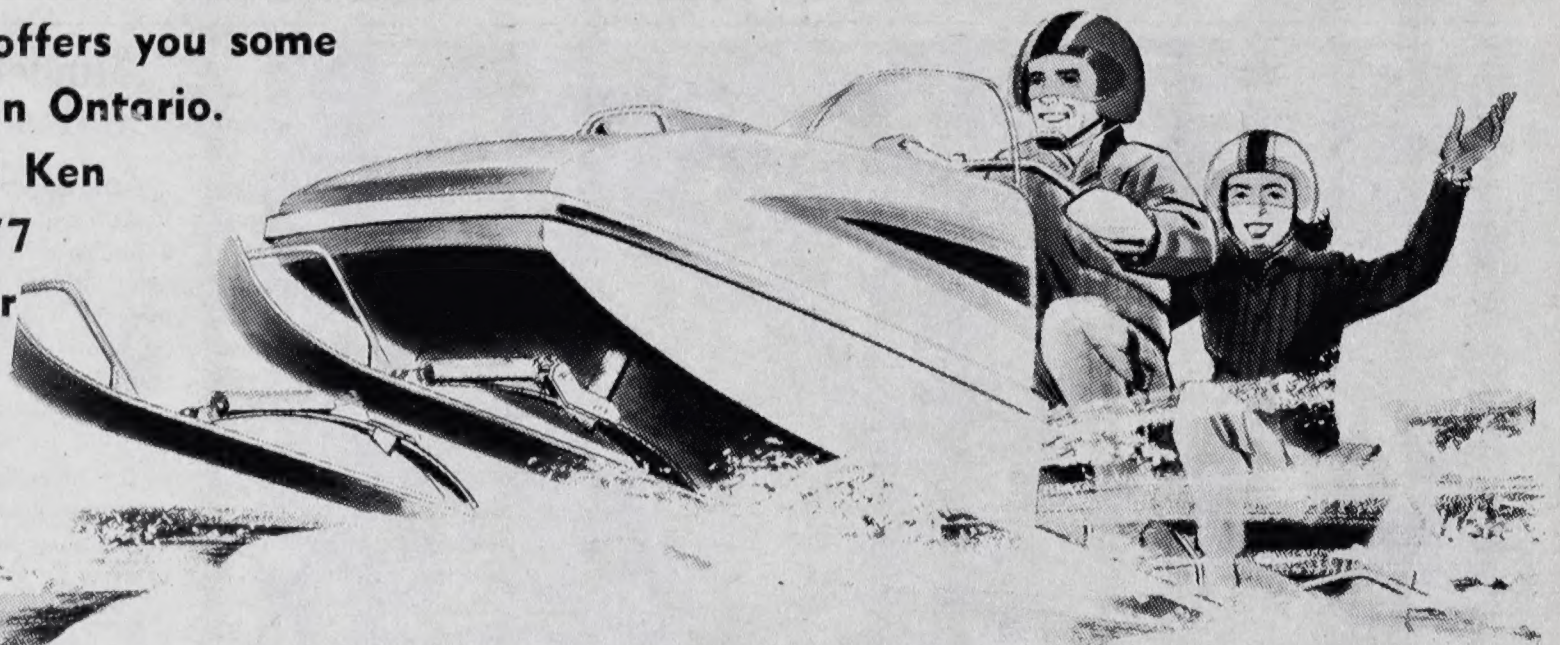
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Dr. Jeffrey Lodenquai demonstrates the proper procedures in Cardio Pulmonary Resuscitation on the new \$1300 Resuscianne mannikin purchased by the Minden Rotary Club. See story page 10.

OUR

WEEKLY BREAD



The joys of Christmas can last longer if we review the story of Baby Jesus over and over. Also if we tell about other stories which tell us the loving spirit of the Christmas season.

It helps us to realize that it is not only on Christmas day but each and everyday throughout the year that we show our love for Baby Jesus by being kind and loving & helpful to others. —PM

Eakins wants boundaries re-adjusted, better for County

In a meeting between the federal minister of Regional Economic Expansion, the Honourable Marcel Lessard and Ontario Treasurer Frank Miller, John Eakins our local MPP, last week questioned Mr. Miller in the Legislature as to the DREE funding. Mr. Eakins said that he felt it was time that these boundaries were adjusted, so that Haliburton County could receive a much needed economic stimulus. Mr. Miller said that he felt that both Haliburton and Muskoka should be given consideration, and indicated his interest to work to this end.

Eakins has indicated on numerous occasions that the Davis government should not always use the French River as a boundary between northern and southern Ontario. He said that there is no area of Ontario deserving a higher priority for federal and provincial assistance than Haliburton County.

The provincial member said that he would certainly cooperate with the federal member, Bill Scott to ensure a more appropriate basis of funding for the county.

Which One is the Drop-out?



November Weather

by Phil Graham

Average high	5.7C
Average low	-4.7
Aver. for month	.5
Aver. for Nov. 77	2
Hi temp. Nov. 5	19.5
Low temp Nov. 26	-18
Rainfall	63mm
Snowfall	14cm
Precipitation	77mm
Snow, Nov. 30	12cm
Snow last Nov.	16cm
1cm of snow = 1mm rain	

First half of the month was fairly mild and pleasant but later turned colder, windy and unpleasant. First snowfall Nov. 23 & small lakes were frozen over by Nov. 22.

Power board pays for death

WOODBRIDGE, England (CP) — Joyce Callaby, whose husband was electrocuted when he attempted to move a tree which had fallen onto power lines, has been awarded \$40,000 damages against the Eastern Electricity Board.

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SPORTS

Jadek Sport Bantams off to excellent start record 5 and 1

MINDEN — Jadek Sport's bantams are off to another super season if their present five win one lose record is any indication. Last year this squad captured the All Ontario Bantam D championship and has let the rest of the league know that it intends to do its utmost to defend that honour. To recap their early season here is their performance to Sunday, November 26th.

MINDEN 3—OMEMEE 3

In their first game of the season here in Minden the bantams fought back from 2-0 and 3-2 deficits to gain a 3-3 tie with a stubborn Omemee team. It was a spectators game with end to end rushes, good hitting and checking. Scoring for Minden was Greg Austin, unassisted, Terry Allore from Brent Murdoch and Kevin Hamilton and then Ivan Ingram from Allore.

MINDEN 6—MARMORA 0

With two new recruits added to the lineup in Andy Pristol and Wade Barry, Minden headed for Marmora. From the opening faceoff Minden completely dominated the league's newest entry. Hard hitting and solid checking combined to give Minden a 6-0 victory. Scoring for Minden were Shapiera from Allore and Austin, Bull from Ingram and Wood, Austin unassisted, Shapiera from Ingram and Barry Ingram from Shapiera and then Ingram again from Wood.

MINDEN 3—OPS 3

This was a very hard fought contest with two determined teams. Hard hitting was again a factor

in this low scoring game with Greg Austin dominating the blue line and good checking led by Ivan Ingram, kept the first period scoreless. Both teams loosened up a bit in the second period with four goals scored, two apiece. In the third period goals were traded and it ended at 3-3.

Alternate goaltending seems to be working favourably for coach Dave Hartwick, as in each game both Colin Newell and Terry Crowe have been stand outs. Scoring for Minden went to Austin from Ingram and Hamilton, Bull from Allore and Hamilton and Ingram from Austin.

MINDEN 10—HALIBURTON 1

A spectators game, evenly fought until the three minute mark of the second period with the score tied at 4-4. Minden then broke loose for what was to be a one-sided victory, with two quick goals in the remaining minute of the second and then totally dominating the third with four unanswered goals.

Scoring went to Allore and Ingram with three goals each while singles went to Hamilton, Pristol and Murdoch.

MINDEN 7—LITTLE BRITAIN 1

This game saw Minden take control from the three minute mark, with three goals in the first period. A scoreless second period was followed by Minden outscoring LB four to one in the third. Terry Allore scored his second three goal game in a row while Hamilton, Ingram, Murdoch and Pristol had singles.

MINDEN 2—OAKWOOD 8

An "off" day for our bantams led to their first defeat of the season at the hands of a very tough Oakwood bunch. They immediately took a 3-0 lead and continued to plague the confused Minden team. Final score 8-2. Scoring for Minden were Shapiera and Hamilton.

The scoring to date on the team is as follows: Ingram 14 pts., Allore 12, Austin 10, Shapiera 9, Hamilton 9, Murdoch 4, Bull, Wood and Pristol 3 and Barry 1.

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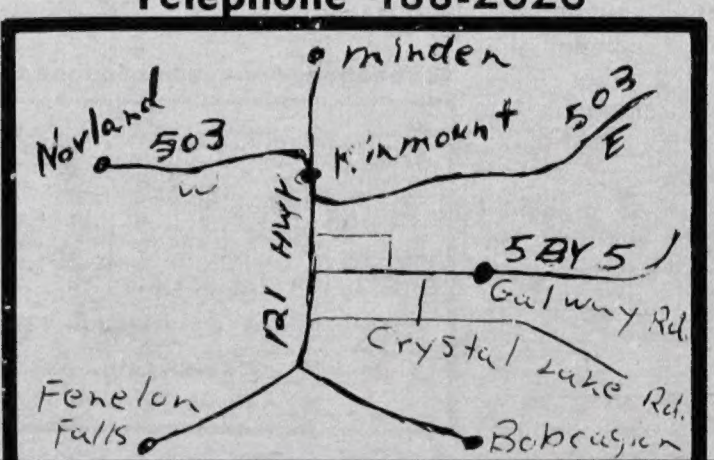
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1978 Family Twosome

CARNARVON — The first two shifts of the 1978 Youth Bowling council's family twosome tournament was rolled at the lanes on Saturday and some fine scores were handed in by both the youngsters and their parents. The final two shifts in this tournament will be rolled on Saturday, Dec. 16th at 9 and 11 am.

Each YBC bowler will receive an attractive family twosome participation crest plus the winners in each group will receive trophies and champion chevrons. Here are the scores after the first two shifts:

Mother—Daughter

Susan & Barb Ballantyne J788
Jane Ann Conway & Betty Patchett B733
Lisa & Angie McCloskey J676
Tammy & Rene Masters B599

Mother—Son

Eric and Ruth Johnson B715
Darrin and Joanne Sutton J714
Derek and Barb Allison B692
Stewart and Eleanor Hall J678
Kevin and Lorraine Cooper B671
Ken and Susan Beers B653
Joey and Linda Conway B647
Stephen and Eileen Stevens B516

Father—Daughter

Barbara Adams and Wes Stata J851
Cathy and Gord Darby S803
Wendy and Ross Ballantyne J620
Brenda Salmon and Martin Conway J773

Father—Son

Tony McCloskey and Ron Robinson B969
Scott and Watson Yake J836
Jason Stamp and Gord Everall B820
Jeff Stamp and Cliff Burke J797
Shane and Don Blakey S773
Shawn and Ray Patchett B742
David Totty and Morris MacLachlan B636
Richard and Bill Beers B631
Jimmy and Jim Masters B619

HOCKEY SCOREBOARD

by Cliff Burke

MIDGETS LOSE TO LB IN OVERTIME

MINDEN — Walker's midgets came to within two seconds of winning their first minor hockey tournament on the weekend.

Playing in the annual Little Britain tournament, Minden was leading the LB Aces 3-2, when with just two seconds remaining on the clock the Aces tied the game. The contest then went into overtime and with just 1:14 left in the first overtime period, the Aces scored to win.

Brent Moxam, Corey Walker and Tim Davies scored the three Minden goals. Minden advanced to the championship game by blanking Oakwood 5-0 on goals by Walker, Shapiera, Chapman and a pair by Davies.

OMHA ATOMS BLANK OAKWOOD 4-0

Last Thursday evening the Minden Atoms travelled to Oakwood and came away with a fine 4-0 victory. The win upped the Atoms season record to three wins, two losses and a tie.

Glen Hall was the driving force behind the win over Oakwood, scoring once and setting up two. The first period ended with no scoring, then Hall took over. He netted the first goal on a fine setup by John Ballantyne, then he set up the next two by Chris Harrison and Shane Burch to end the second stanza at 3-0 Minden.

Gordie Wood took a pass from John Wells in the third to score and ice the victory. The Atoms next game will be in Bobcaygeon on Tuesday evening and then back to the Centre in Minden on Sat-

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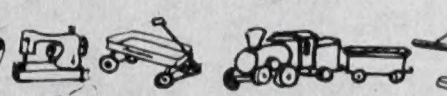
GOODERHAM

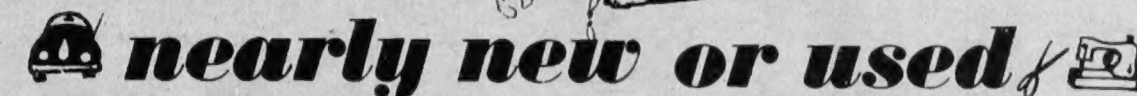
447-2735

"After the sale, it's the service that counts!"

ATTENTION HOUSEHOLDERS

The Highlands Express **ACTION AD** is here!

Sell your new 

nearly new or used 

WITH AN "ACTION AD" IN THE EXPRESS.

Try it now and get 1 ad FREE!

2 ACTION ADS for only \$1.00

Fill out the forms below, include \$1.00 and send to: The Express, RR 2, Minden KOM 2K0
Your **ACTION AD** will appear for 4 WEEKS at NO ADDITIONAL CHARGE! (All commercial ads will carry borders at regular weekly prices.)

Please place my "ACTION AD" in The Express. Enclosed is \$1.00 for my TWO ads.

Name

Address

Postal Code

AD TO READ:

Be sure to put your name or telephone number in your ad also. Maximum words, 15.

Please place my FREE "ACTION AD" in The Express. Tear out both coupons and send to The Express, RR 2, Minden, KOM 2K0

Name

Address

Postal Code

FREE AD TO READ:

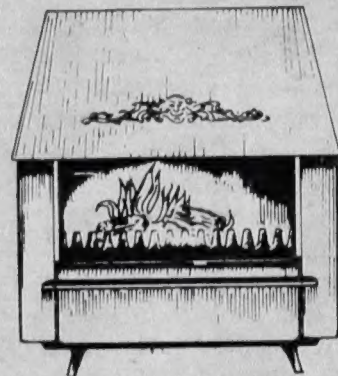
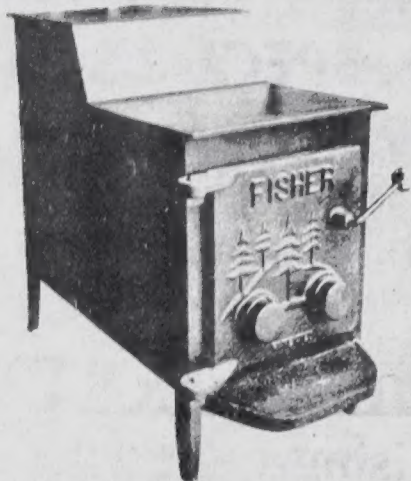
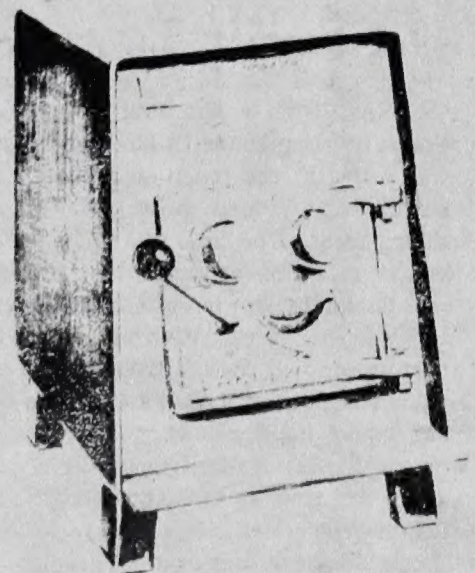
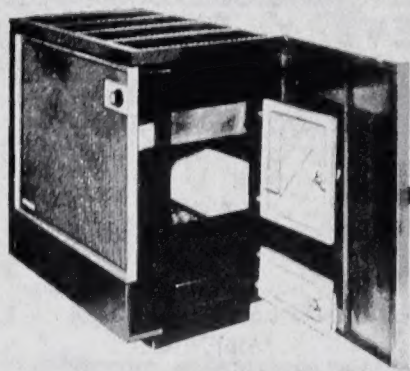
Be sure to put your name or telephone number in your ad also. Maximum words, 15.

The perfect gift for your entire family this Christmas is an energy saving ...

WOOD STOVE!

BEAUTIFUL WAYS TO CUT THOSE RAGING FUEL BILLS!

For stoves, heaters, insulated chimneys, stove pipe and accessories consult the dealers and distributors listed below:



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Highway 35 P.O. Box 580
Minden, Ontario K0M 2K0

Franklin Fireplaces, Airtight Woodmaster,
Airtight Fisher Stoves, Airtight Fjord Stoves
TELEPHONE 286-1320-1

Black's "Pro" Hardware
HALIBURTON

SEE OUR KRESNO STOVE ACTUALLY
BURNING IN THE STORE!

"Where service is a fact,
not just a promise."

See our FULL LINE of Wood Stoves
now in stock!

**Haliburton Lumber
& ENTERPRISES LIMITED**

Hwy. 121, west of Haliburton
457-2510

Fireplace Glass Doors, Zero Clearance
Fireplaces, Parlour Stoves, Box Stoves

Emmerson Lumber Ltd.
Maple Street, Haliburton
Telephone 457-1550

FIREPLACES — STOVES — HEATERS
all types and sizes at

**GULL RIVER
BUILDING SUPPLIES**

Hwy. 35, three miles south of Minden
286-1881

Fisher Stoves, Hunter, Tyrolia, Godin, Ashley,
Carmor, Tempwood, Valley Comfort, Home
Guard, Enterprise, Timberline, Maxi Heat
and Insulated Chimneys at

WALSTEN LTD.

(Wood Energy Consultants)

3 miles south of Kinmount on Hwy. 121
Telephone 488-2811

Zero Clearance Fireplaces, Wood Stoves,
Wood-Oil Furnaces and Fuel deliveries.

JOHN FRANCIS FUELS

Hwy. 35, south of Minden
Phone 286-2738

Franklin Fireplaces, Box Stoves, Farmer Wood
Stoves, Parlour Stoves, Home Guard Stoves.

Carnarvon Bldg. Supplies

Hwy. 35, Carnarvon 489-2212

★ CHIMNEYS AND ACCESSORIES ★



Parlour Stoves, Olympic Hot
Air Machines, Franklin
Fireplaces, Woodmasters Stoves

Hyland Lumber Ltd.

Hwy. 519 Phone 457-1011

Free load of wood with every stove sold!

DON BARKER
OIL BURNER SERVICE

Wood and Oil Burning Furnace Installations,
Insulated Chimneys, Crafted Wood Stoves

Hwy. 35, three miles north of Carnarvon
Phone 489-2004

Efficient Hunter Wood Stoves, Combination
Wood-Oil Furnaces, Insulated Chimneys,
Sales, Service and Installations by

SID STAMP FUELS LTD.

MINDEN — 286-1088

Jim Garbutt Enterprises

distributor for

LAKEWOOD AIRTIGHT STOVES
(5 models to choose from)

Pre-Christmas specials on ALL stoves.
286-1843

BROOMBALL ACTION

with SPUTNIK

Tuesday night broombal found the Jets taking on the Movers at 8 pm. Two minutes hadn't passed when Chris Miles scored two goals to give the Jets a 2-0 lead. Harris Steele came back with a goal for the Movers a minute later. Both teams held their position until the third period, when Randy Anderson scored the tying goal with three minutes, five seconds left in the game. End result was a 2-2 tie.

At 9 pm the Mothertruckers downed the Lakers 4-1. Scorers for the Truckers were Paul Warburton with two, Dave Camelon and Les Burke each with a single. The lone scorer for the Lakers was Lockie Hughes. Come on out Tuesday night at the arena.

On Sports

BY JOHN DALTON

Probably nobody among the 35 million Americans who play tennis has a bigger stake in the game than Lamar Hunt.

The Texas-born sports czar has developed his 11-year-old World Championship Tennis circuit into a booming worldwide network of 14 men's professional tournaments a year.

"Sometimes it seems like we exist just to keep giving the players bigger prize money," jokes Hunt, 45, the oil heir who grabbed headlines in 1959 by launching the American Football League.

Hunt is the owner of the National Football League's Kansas City Chiefs; a stockholder in the National Basketball Association's Chicago Bulls, and a partner in the North American Soccer League's Dallas Tornado.

Where does the Dallas-based WCT fit into the great American sports explosion orchestrated by Hunt and scores of high-finance colleagues.

"There is an identity problem in all of tennis," Hunt admits. "Americans are used to a season, but tennis is played 52 weeks a year. I think that's an inherent problem."

The next giant tournament is the \$320,000 WCT Challenge Cup Dec. 11-17 in Montego Bay, Jamaica. It awards the richest top prize in professional tennis: \$180,000.

The WCT Doubles Championship is scheduled for Jan. 3-7 in London. The winners of the eight-team event — the world's richest doubles tournament — get \$80,000.

Those kinds of prizes

have helped to make wealthy sportsmen out of once-innocent athletes such as Jimmy Connors, Bjorn Borg and Ilie Nastase.

"Men's tennis is at a tremendous level of competition," says Hunt. "Literally 30 players can beat each other at the top of the game."

The WCT director thinks the quality of play is what keeps fans interested. "I don't think the size of the prize money is that big an attraction," he says.

Does the innovator who made the amateur tennis establishment accept the role of big-money pros do well on the court himself?

Claims Hunt: "I just play for fun."

Musings

To one man, the world is barren, dull and superficial, to another rich, interesting and full of meaning. — Arthur Schopenhauer, German philosopher.

For if a man lives many years, let him rejoice in them all; but let him remember that the days of darkness will be many. All that comes is vanity. — Eccl. 11:18.

"How narrow our souls become when absorbed in any present good or ill. It is only the thought of the future that makes them great." — Jean Paul Richter, German author.

Acapulco, Mexico, now a world-famous resort, was founded in the 16th century. It remained a sleepy fishing village until a highway reached it in 1927. Today, most of its residents live on tourism.

Coby OPP investigate break in. \$8000 in goods stolen

COBOCONK — Sometime during the early hours of the morning of Saturday or Sunday, Dec. 2-3, the summer home of Mr. Nick Tsoukalis of Willowdale was broken into and more than \$8000 worth of furniture, sporting goods and antiques were stolen. Mr. Tsoukalis's summer residence is located in Eldon Township.

Articles stolen include chesterfields, love seats, end tables, antique mirrors, and assorted sporting goods. Investigation continues by Coboconk OPP Charles Brennan.

CARNARVON NEWS

by Yvonne Penney

I just arrived home from the community Pot Luck dinner at Carnarvon United Church. A very good attendance considering the rotten weather. All that snow and now freezing rain, even a dandy thunder and lightning storm. About 50 friends and neighbours enjoyed dinner and a few carols with Marilyn at the piano.

Four pretty young ladies, namely Holly Archer, Angie Carpenter and Penny and Lynn Van Der Weken entertained us singing Away In A Manger, Rudolph (right-off) and Jingle Bells.

I had a short note from Blanche and Maurice Windsor in Florida the other day. Seems they had a good trip down and are enjoying the Carnarvon news in the local papers.

A number of young people gathered at Club 35 Hall's Lake on Sunday morning at nine o'clock to attend a course to try to obtain a license to operate a snowmobile safely. At 4:30 they were finished and all obtained a certificate for their license. Congratulations all! The course instructors were Bob Jennings and Bob Patton from the Haliburton County Snowmobile Association.

Last Saturday was a big day at Maple Lake United Church. A very good attendance for a free cup of coffee or tea and excellent baked good as well as a good selection of dry good items. A touch and take table was sold out in record time.

We had a letter from Muriel Brown who is now living in Brantford last Friday. She says she misses all her many friends here and enjoys reading this column.

Sunday evening, Dec. 17th at 7:30 pm is the time for Zion United Church's Sunday School Concert. The program will be approximately 1 to 1½ hours long after which we have invited the old fellow in the red suit to distribute some goodies to the children present.

Mabel and Sinclair Russell spent some time in Quebec last week to attend the wedding of their son, Colin. Best wishes from the community to Colin and Julie.

Vi Wallace came home from a Peterborough hospital last week but has an appointment to keep in a Toronto hospital this week. Our thoughts and prayers are with Norm and Vi.

Is Your Fire Insurance Adequate?

ARE YOU INSURED TO VALUE?

CALL TODAY FOR A FREE ESTIMATE ON A 'HOMEOWNERS' POLICY OR A SUMMER DWELLING PACKAGE

Let us Help you improve this part of your Annual Housekeeping Budget.

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INSURANCE AGENCY 1976

MINDEN
Vern Gartshore
286-2231

HALIBURTON
Cam Carey
457-2300
or (Res.) 457-1824

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NEW MODELS NOW AVAILABLE:

WASHINGTON 40 CHANNEL BASE — \$549.95



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Cardio-Pul. Resuscitation course by Minden Doctor

MINDEN — Dr. Jeffrey Lodenquai of Minden last week brought a new and highly rated life saving technique that has literally brought heart attack victims back from certain death during its short but dramatic career to the village of Minden.

It's called Cardio-Pulmonary Resuscitation or CPR, and is an emergency first aid procedure in which the victim's life is sustained by a combination of mouth-to-mouth resuscitation and the application of rhythmic manual pressure over the chest wall to help circulation.

The Minden Branch of the Canadian Red Cross Association is pleased to announce the addition of this new venture to its list of community projects. At a recent meeting of the branch, Dr. Lodenquai informed the gathering that he had completed the basic CPR course and went further to do the CPR instructors course which now entitles him to train and certify anyone in CPR. He further volunteered to conduct all his CPR courses under the auspices of the Minden Red Cross Association, and this was met with unanimous approval.

Dr. Lodenquai elaborated on CPR and how it effects almost everyone in the community. He says that in North America, the most important medical emergency today is heart attack. In the United States alone, it is estimated that one million persons experience heart attacks each year. More than 650,000 die annually from ischemic heart disease. About 350,000 of these deaths occur outside of hospital, usually within two hours after the onset of symptoms. It seems probable that a large number of these deaths can be prevented if prompt and appropriate treatment is started.

In addition, several victims who die from drowning, electrocution, suffocation, automobile accidents, and drug intoxication could be saved by prompt application of CPR.

Dr. Lodenquai states that this has been his experience in Minden. He has seen several patients who have been brought in to the hospital when it is too late to revive them.

Yet on a few occasions, patients have been saved by the mere fact that someone had thought of blowing into the victims mouth and compressing the chest while he was being transported to the hospital.

The American Heart Foundation has evolved a systematic approach in the CPR technique, and this technique has been approved by the Canadian Heart Foundation and is the same one which is taught both in Canada and the United States.

WHAT IS THE AIM OF THE CPR COURSES

I wish to emphasize that CPR is by no means the sole prerogative of the medical profession, said Dr. Lodenquai. Doctors, nurses have to do the identical course which is taught to non-medical persons, and in the majority of cases, the CPR instructor is a non-medical person.

How many of us have stood in the presence of a loved one, relation or friend, who has collapsed, and feeling totally helpless and impotent, because we do not have the slightest clue what to do? The few minutes it takes for help to come can seem like an agonizing eternity and may be too late. Irreversible brain damage takes place between four to six minutes in a victim whose circulation has ceased, and hence it is so vital to maintain this function from the moment of collapse, to the time professional help becomes available. This is where CPR comes in.

Of course, there is no guarantee that each time you perform CPR that you will save a life, but at least the victim was given a chance, and the witness

who performed CPR does not live with the haunting self recrimination of "if only I could have done something to help."

THE CPR COURSE AND EQUIPMENT

CPR courses are conducted over two consecutive eight hour days, and consists of both theory and long training sessions on the adult and a baby mannequin. The number of students per course will depend on the number of adult mannequins which can be rented or borrowed — usually there are six students to one mannequin.

Mr. Dave McGee of the Minden Ambulance Service and Dr. Lodenquai wish to express their profound gratitude to the Minden Rotary Club who have donated an adult mannequin to the ambulance service. When you realize that the present day cost of an adult mannequin is around \$1300, the Rotary Club deserve our heartiest congratulations on their community minded effort. In fact, if it were not for their generous offer, this CPR program would not have been possible.

The first course will be held in Minden on Jan. 24 and 25th. The dates for subsequent courses will be determined by the demand. All persons who are interested in taking a CPR course should phone in their names to Dr. Lodenquai's office at 286-2001, giving the month which is best suited for them. Fee for the two day course is about \$20.

Timekeeper:

Your heart works harder when you're not in the game. Get fit—and turn the clock back.

Who Does It Directory



ASSOCIATE

MINDEN MARINE AND AUTOMOTIVE

P.O. Box 9
Minden, Ont.
K0M 2K0

NIGHT CALLS
286-2752

PHONE
(705) 286-1011



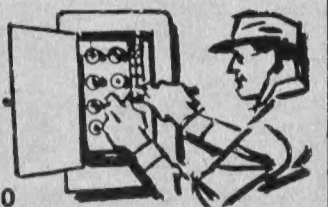
MINDEN — 286-1270
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she plans to marry a Harrisburg, Pa., television sportscaster.

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★ DOOR CRASHERS ★

CLOTHING DEPARTMENT

Xmas Greeting Cards

prepriced 3.50 and 2.50

99¢

Corner of Hwy. 35 and Hwy. 503

MORE THAN JUST A
FOOD STORE!

Child's Xmas Stocking

loaded with goodies!

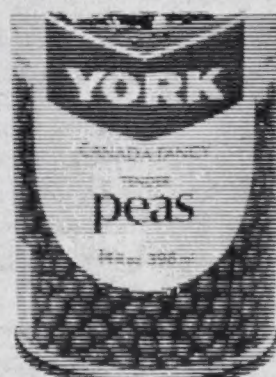
1.39



Canada fancy Bright's
tomato juice
48 fl. oz. tin



dessert
jelly powder
Jell-o 85 g pkg.



Canada fancy
York peas
14 fl. oz. tin



Chase & Sanborn
ground coffee
1 lb. bag

WHITE
ENRICHED
BREAD

3 for **1.00**

CHILDREN'S
BAYER

ASPIRINS
.39

.59 4.99 .29 2.88

Ingersoll process

cheese spread **1.49**
1 lb. jar

Stuart House

foil wrap **1.09**
18" x 25' roll

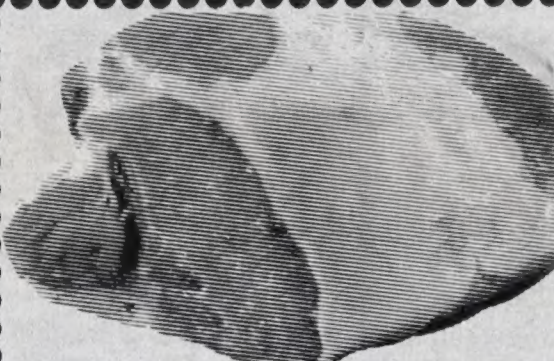
Carnation
evaporated milk 2 for **2.85**
1 lb. tin

economy pack - Red Rose

tea bags **1.69**
pkg. of 100

Canada fancy Green Giant
cream style or whole kernel

niblets corn 2 for **1.00**
19 fl. oz. tin



you save twice with trim and price
for roasting, tenderloin portion

loin 'o' pork **1.38**
3 to 3 1/2 lb. avg. lb.

family pak, 7 to a pkg.
rib portion

pork chops **1.58**
lb.

Schneiders bologna, chicken, luncheon, mac &
cheese, headcheese, pork lo., pickle & pimento

luncheon meat **.68**
6 oz. pkg.

ideal for dressing
pork spareribs

1.48
lb.

Devon brand

rindless bacon 16 oz. pkg. **1.49**

Maple Leaf **pepperoni sticks** 10 oz. pkg. **1.38**

Schneiders **mincemeat tarts** 16 oz. pkg. **1.08**

Burns golden garlic coil

Polish sausage lb. **1.28**

Schneiders whole or sliced

pick-a-dill 32 oz. jar **1.58**

Campfire, by-the-piece **bologna** lb. **.79**

Schneiders olde fashioned

smoked ham quarters lb. **3.68**

cut from Canada grade A beef

rib steaks lb. **2.18**

Allen's fancy pure

apple juice **.79**
48 fl. oz. tin

HEINZ strained (except meat)

baby food 4 for **4.89**
4 1/2 fl. oz. jar

Jolly Miller
orange flavoured

crystals **.55**
3 x 3 1/4 oz. pkg.

Kleenex

facial tissue **.65**
pkg. of 200

Nescafe

instant coffee **5.49**
10 oz. jar

sweetened condensed

Eagle brand milk 14 oz. tin **.99**

Dad's **oatmeal cookies** 8 oz. pkg. **.59**

Tenderflake **lard** 1 lb. pkg. **.63**

Kraft smooth or crunchy

peanut butter 375 gram jar **.89**

Bravo plain **spaghetti sauce** 2 14 fl. oz. tin **.89**

assorted fruit flavours

Quench crystals 4 x 92 gram pkg. **.99**

Cadbury family size

candy bars 100 gram size **1.00**

all purpose

Five Roses flour 3.5 kg. bag **1.69**

Welch's **prune nectar** 40 fl. oz. jar **1.19**

toilet bowl cleaner

Sani-Flush powder 34 oz. cont. **.89**

Pkg. of 5 rolls, 40.6 sq. ft. XMAS

Gift Wrap **1.59**

Parker Bros. Asstd. Children's—3.99val

Games **1.99**

Giant Size prepriced 2.50

Coloring Bks. **.99**

3.2 oz. 100% Acrylic, lots of colours

Pop-N Yarn **1.49**

Ladies 1 size, lots of shades

Panty Hose 3 pr 1.

Men's Terry, 19.99 value

Robes **13.99**

Ladies Western look, 10 to 15

Blouse **5.49**

Adult size

Ski Mitts **3.99**

Men's Plaid, Sm to XL

Work Shirts **5.99**

plastic

saran wrap 100 ft. roll **.99**

Glad **sandwich bags** pkg. of 50 **.59**

Kleenex **dinner napkins** pkg. of 40 **.79**

Noxema Instant

Foam Shave **.99**
100ml plus 50% FREE

Crest **1.33**
beardless Stayfree

mini-pads pkg. of 10 **.79**

Holiday Farm - boil in bag

meat entrees 5 oz. pkg. **.59**

Highliner frozen Boston Bluefish

fillets 16 oz. pkg. **1.19**

frozen Rhodes

bread dough 5 x 16 oz. pkg. **1.29**

York frozen Oven Lovin

french friac 2 lb. bag **.69**

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